

ACT Racers at the World Ski Championships

Currently the National Alpine Team consists of three ACT athletes; Bryce Stevens, Hugh Stevens and Matthew Robertson. This is notable for the ACT as it is only a six member team. The boys have been training and competing in the Northern Hemisphere winter season since early November and qualified for the World Ski Championships held Val d'Isere recently.

In the Giant Slalom, Bryce finished in 46th position in a time of 1:15.96 for his first run, while brother Hugh was six places back on 1:19.07. The top 29 competitors are given a second run.

SnowSports ACT wishes Bryce, Hugh and Matthew luck for the rest of the season and a safe return home where they will begin preparations for the upcoming winter.



Bryce Stevens competing in the 2008/2009 Northern Hemisphere Winter

SnowSports ACT
Ski and Snowboard Sale and Expo
Saturday May 9 2009
Old Bus Depot, Kingston

Athlete Dryland Training Program

SnowSports ACT will be running a Pre Season Dryland Training Program for its ACT snow sport athletes and Interschools participants. Dryland training is an effective way to enhance your skiing and riding skills for the upcoming season.

The training program consists of three sessions a week, including a Gymnastics Session, Swim and Skate Session, and Gym Session. The sessions will work on your strength and balance using ski-specific activities. Participants can choose which sessions they would like to attend, at a small cost per session. The program will run from mid-March till the start of the snow season.

SnowSports ACT would like to get this program running by March 9 so can you please email the office at info@snowsportsact.com.au to indicate whether you would like to participate in this program and further information will be sent to you.

SnowSports ACT 2009 AGM

The SnowSports ACT Annual General Meeting will be held on Thursday March 26 starting at 6.00pm.

The AGM will be at held at the ACT Sports House, 100 Maitland St, Hackett. All welcome!

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